



6161 E Fairmount Street • Tucson, AZ 85712 • 520-344-8890

Resident Spotlight



Marianne is a wonderful woman, a devoted wife, and loving mother of three children. Born in Germany, she has always had a deep love for music and dancing. As a little girl, she dreamed of becoming a ballerina, and that passion for dance stayed with her throughout her life. She met the love of her life while he was serving in the Air Force. The two met while dancing at a club. They quickly fell in love and went on to share a beautiful marriage that lasted 60 years. Marianne's life is a testament to love, family, joy and the enduring power of following your passions.

Double the Hydration

Nutrition experts say you can double up your hydration by snacking on fresh produce. Eating fruits and veggies with a high water content, such as an apple or some carrot sticks, along with drinking H₂O can help you stay better hydrated.

August 2026



August Staff Birthdays

Miriam P. August 2nd
Beyla L. August 11th

August Resident Birthday!

Robert G. August 5th

Famous Faces Born in August

Aug. 1, 1973: Tempestt Bledsoe
Aug. 3, 1941: Martha Stewart
Aug. 7, 1987: Sidney Crosby
Aug. 11, 1965: Viola Davis
Aug. 14, 1945: Steve Martin
Aug. 17, 1943: Robert De Niro
Aug. 20, 1954: Al Roker

Staff Anniversaries

Kya R. August 3, 2023
Blanca T. August 13, 2022
Araceli A. August 15, 2022
Yasmine R. August 23, 2021
Miriam P. August 24, 2020
Paula W. August 26, 2021
Yvonne P. August 27, 2024

Celebrating Older Adults

National Senior Citizens Day on Aug. 21 celebrates older generations and their contributions to their families, communities and country. More than 60 million adults in the U.S. are 65 and older, representing nearly 20% of the general population.

Message From Our Director "La'ahna"

As we head into a new month, we're excited for all the fun, laughter and meaningful moments ahead. Our activity calendar is full of opportunities for residents to stay engaged, make new memories and enjoy time together. I'm thrilled to officially welcome our new Life Enrichment Director, Joni Chandler, to the Fairmount family. Joni brings wonderful energy, creativity, and a genuine passion for enriching the lives of our residents. We can't wait for everyone to get to know her and enjoy the exciting programs and activities she has planned. Thank you to our residents, families, and dedicated staff for making Fairmount such a special place. We hope you enjoy everything August has to offer!



This month's "Employee Spotlight": We're proud to recognize Araceli Ayala! Since joining the Fairmount family in August 2022, she has been a dedicated and dependable member of our team. Araceli is known for her patience, strong work ethic and compassionate care. She goes above and beyond for our residents and is always willing to help wherever she is needed. Thank you, Celi, for your hard work and dedication. We're grateful to have you as part of the Fairmount family!



Meet Penelope, our desert tortoise. She moved into Fairmount over two years ago and enjoys visiting with all the residents, visitors, and staff.

A Summer Snicker

Q. When does red mean "go" and green mean "stop?"

A. When you're eating a watermelon.

Good Neighbors

Having good neighbors is what makes our community special. Please take a minute to welcome our new residents.

Sunscreen Every Day

Make applying sunscreen a daily habit, just like brushing your teeth. For a visual reminder to put it on every morning, keep your tube or bottle of sunblock next to your tube of toothpaste.

Word Search

Category: Canning Is My Jam

NOITAZILIRETST
CANBACTERIANNI
NGRUNLELSDREEL
ISLLHIETBIVHEE
BIPALNTRSCTHMA
DLRVNIICEABSYT
THAUENDPECORZE
ESFNEENTAPIANN
GDPRCESNEMLRVE
AELTHHNEUFUTUR
REIXJEMLLPHLKB
OWTHRAAYCDLOMK
TCEJAMRGASKETK
SPRLCGESORTXED

- | | | |
|-----------|-----------|-----------|
| 1. Enzyme | 8. _____ | 15. _____ |
| 2. _____ | 9. _____ | 16. _____ |
| 3. _____ | 10. _____ | 17. _____ |
| 4. _____ | 11. _____ | 18. _____ |
| 5. _____ | 12. _____ | 19. _____ |
| 6. _____ | 13. _____ | 20. _____ |
| 7. _____ | 14. _____ | 21. _____ |

21. Vent
20. Storage
19. Sterilization
18. Pectin
17. Mold
16. Lid
15. Lid

14. Jar
13. Jam
12. Gasket
11. Funnel
10. Enzyme
9. Dill
8. Dextrose

7. Canner
6. Brine
5. Boil
4. Blanch
3. Bacteria
2. Alum
1. Acid

Word Search Solution:

NOITAZILIRETST
CANBACTERIANNI
NGRUNLELSDREEL
ISLLHIETBIVHEE
BIPALNTRSCTHMA
DLRVNIICEABSYT
THAUENDPECORZE
ESFNEENTAPIANN
GDPRCESNEMLRVE
AELTHHNEUFUTUR
REIXJEMLLPHLKB
OWTHRAAYCDLOMK
TCEJAMRGASKETK
SPRLCGESORTXED